

WEEKLY ACTIVITIES

- ◆ **Make a wave bottle:** Using a clear water bottle fill with water so its ½ full, add a few drops of blue food coloring, fill the remainder of the bottle with oil (baby, canola or vegetable) to within 2 inches (5 cm) of the top. Place the bottle cap back on, making sure it cannot be opened by your child.... (may need to secure the lid with duct tape or glue) Shake it up and watch the rolling waves.
- ◆ **3 legged race:** teach your children to work together. Have 2 people stand side by side. Tie their inside legs together. Set a finish line. And they are off. More teams the more fun.
- ◆ **"Shalom"** is a greeting that means "peace be with you". Read Philippians 4:6-7 with your kids. Instead of saying "Hello" and "Good bye" to each other today, use the word "Shalom" as your greeting and also as a way to say "I forgive you" and "I want what's best for you".
- ◆ **Scrap book:** create a scrapbook about Covid-19. Paste in newspaper clippings on how it has affected your family, your community and the world. Interview your family, relatives, neighbours (social distancing, of course) and get their thoughts and experiences about Covid-19. If you had a family birthday during this time, how did you celebrate? Don't forget to write down your own thoughts and experiences.
- ◆ **Frozen t-shirt race:** soak a t-shirt from each family member in water, squeeze out excess water, fold each shirt. Place a piece of wax paper between each shirt and place them in the freezer. Once they are frozen, pass them out. First person to unfold and get their t-shirt on wins.

PEACE

Peace Windchime

Materials:

- 5 popsicle sticks with premade holes on either end
- Embroidery thread - 10 ft length
- Buttons
- 6 -8 inch (15 – 20 cm) branch from your yard
- Needle (for threading)
- Markers or crayons
- Scissors

Directions:

- Color your popsicle sticks with crayon or marker.
- Cut 10 – 8 in (20 cm) lengths of embroidery thread.
- Using the needle (kids may need some help with this part), thread the floss through 1 button, tie a knot and then continue threading 5 buttons onto the same thread.
- Pull the floss through one of the holes of the popsicle stick, tie a knot, cut off extra floss. Continue the same for the other 4 popsicle sticks.
- Using the remaining 5 lengths of floss, pull thread through the hole in the other end of the popsicle stick and tie a knot, leaving as much thread as possible to tie around the branch.
- Fold the remaining length of floss so it is doubled or tripled (depending on how big your branch is), tie each end around the branch on either side of the hanging popsicle sticks.
- With black marker write a large letter "P" on the 1st popsicle stick, "E" on the 2nd, "A" on the 3rd, "C" on the 4th, "E" on the 5th popsicle stick. It should spell PEACE across the 5 popsicle sticks.



"Fruit of the Spirit" Battleship—Played like "You Sunk My Battleship"

Each player gets a pair of matching color boards. Download at www.livingwaterbiblegames.com Cut out the fruits of the spirit words along the bold lines so that each player has a set. Facing each other, with a cardboard box or large book separating the players so that neither of them can see their opponents board, tape the fruit words on the board marked Galatians 5:22-23 in any direction, provided they do not overlap or go off the grid. Players then take turns to call out a grid reference...B4, N14 etc. Opponent then responds with "HIT" or "MISS" depending on whether the grid reference contains a fruit on their board. If it's a hit, player marks the spot of the with a X, if it's a miss its marked with an O. The opponents board is for each player to keep track of their hits and misses on their opposing players fruits of the spirit. Continue taking turns until one player has marked all the boxes on all their fruits of the spirit with an X.

CONVERSATION STARTERS

What could your family do to make your home, community and world a better place?

How do you think we find peace? Where does it come from? How do we get it?

Read Philippians 4: 4-7

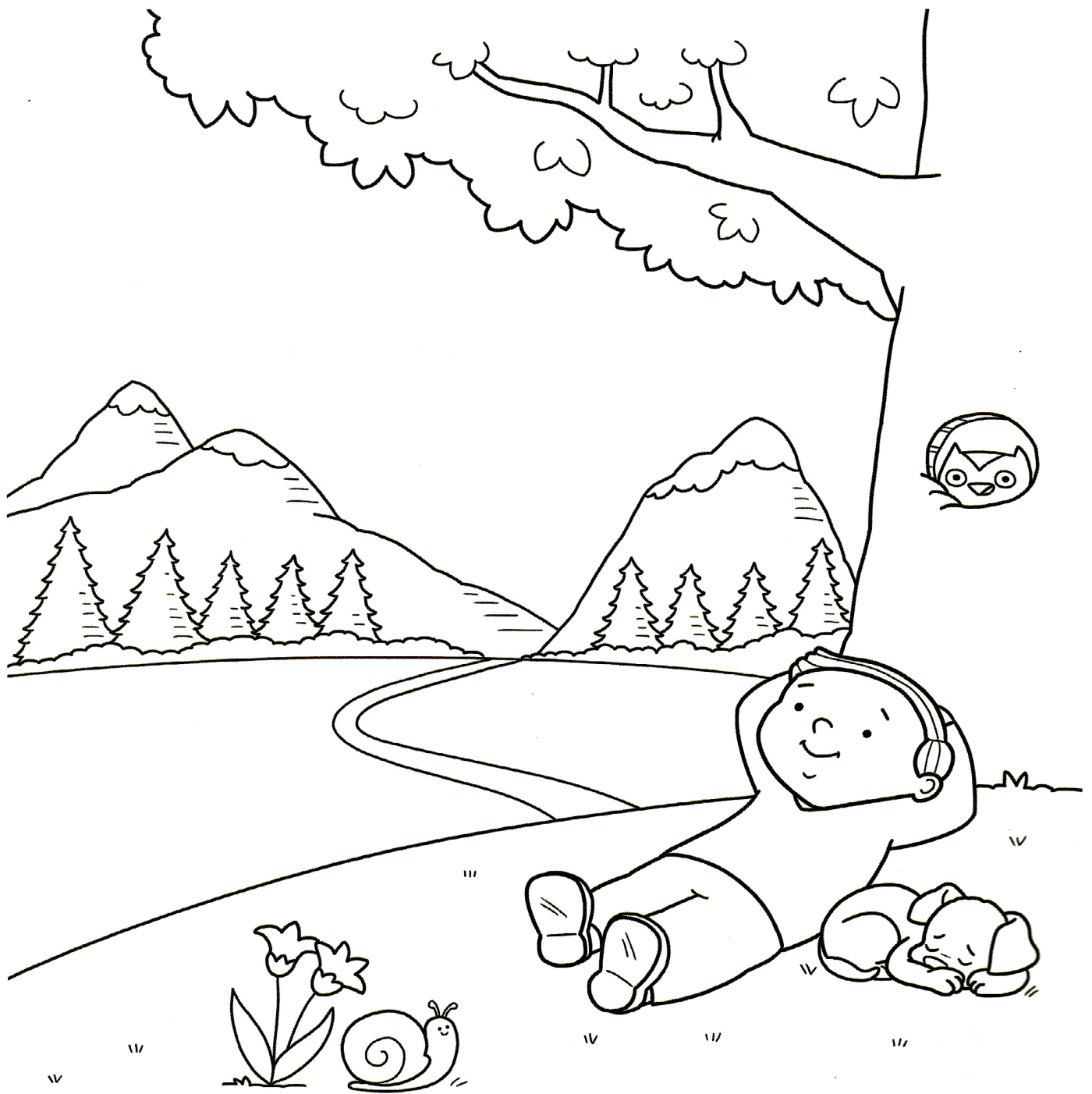
What words do you wish someone would say to you when your having a hard time and feeling worried?

What is the opposite of peace?

What do you think Peace is? What does it feel like?

What situations make you feel the most anxious or worried?

What do you worry about the most?



PEACE

A calm, quiet heart is a peaceful heart.
When we trust Jesus, He can help us to be calm, not afraid.



Blessed
ARE THE
PEACEMAKERS,
for they will be called
the CHILDREN
of GOD.

MATTHEW 5:9

"COME to ME all you

who labor & are heavy laden,
and I will give you rest.

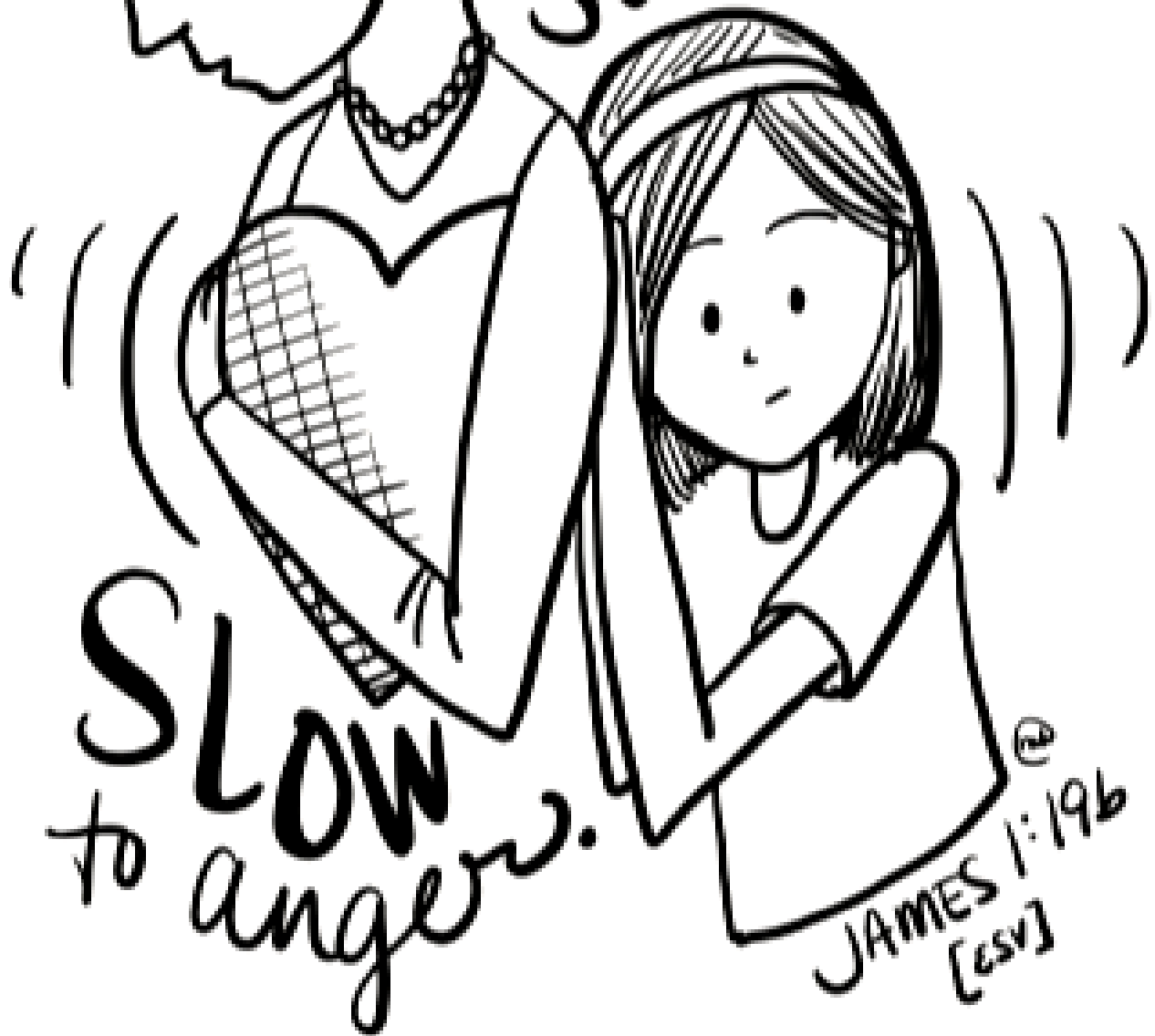
TAKE MY YOKE UPON YOU

& learn from ME for I AM
gentle & humble in heart, &
you will find rest

for your souls.
For MY YOKE is easy
& MY BURDEN is light."

MATTHEW 11:28-30

Let every person be
Quick to hear,
SLOW to speak,



SLOW
to anger.

JAMES 1:19b
[ESV]



'Fruit of the Spirit' Battleships

	1	2	3	4	5	6	7	8	9	10	11	12	13	14
A														
B														
C														
D														
E														
F														
G														
H														
I														
J														
K														
L														
M														
N														

Galatians 5:22-23

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'Fruit of the Spirit' Battleships

	1	2	3	4	5	6	7	8	9	10	11	12	13	14
A														
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C														
D														
E														
F														
G														
H														
I														
J														
K														
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M														
N														

Opponent's Board

'Fruit of the Spirit' Battleships

	1	2	3	4	5	6	7	8	9	10	11	12	13	14
A														
B														
C														
D														
E														
F														
G														
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Galatians 5:22-23

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'Fruit of the Spirit' Battleships

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A														
B														
C														
D														
E														
F														
G														
H														
I														
J														
K														
L														
M														
N														

Opponent's Board

L	O
V	E

L	O
V	E

J	O	Y
---	---	---

J	O	Y
---	---	---

P	E	A	C	E
---	---	---	---	---

P	E	A	C	E
---	---	---	---	---

P	A	T	I
E	N	C	E

P	A	T	I
E	N	C	E

G	O	O	D
N	E	S	S

K	I	N	D
N	E	S	S

K	I	N	D
N	E	S	S

G	O	O	D
N	E	S	S

F	A	I	T	H		
F	U	L	N	E	S	S

G	E	N	T	L	E
N	E	S	S		

F	A	I	T	H		
F	U	L	N	E	S	S

G	E	N	T	L	E
N	E	S	S		

S	E	L	F	-		
C	O	N	T	R	O	L

S	E	L	F	-		
C	O	N	T	R	O	L

Fruit of the Spirit Battleships

"But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control. Against such things there is no law."

Galatians 5:22-23

Number of players: 2

Recommended age range: 7+

Aim of the Game

- To aid in memorizing the fruit of the Spirit.
- To be the first player to find all of your opponent's fruit.

Set-up

- Print out the four boards and the page of fruit.
- Cut out the fruit along the bold outlines so that you end up with two sets of fruit.
- For durability we recommend laminating the board and fruit. If you do this, then you will need to use dry erase markers for writing on the board during the game, so you can wipe them off for re-use. Please be careful of sharp corners when cutting laminated paper – we recommend rounding corners off.
- OPTION – you may decide not to use the pre-made fruit, and instead let the players write the fruit names straight onto the board, in any direction they like (just like a word search). Again, if the boards are laminated then use dry erase markers to allow re-use of the boards.
- VARIATIONS
 - For an easier game the players reveal which fruit has been found when a 'hit' is scored
 - For an easier game, players call out "fruit sunk" when the last square of each fruit is hit
 - Another variation is for each player to take 3 turn each before play moves over.

Rules

Each player takes a pair of matching color boards and one set of fruit, and finds a place to play where they can hear each other, but not see each other's boards (we suggest facing each other at a table, with a box, or similar object, between the players to hide the view of the opponent's board). For the purpose of this game, the board marked 'Galatians 5:22-23' is the player's personal board, and the board marked 'Opponent's Board' is the player's reference board.

Players use sticky tack to stick the fruit on their personal board in any place they choose, and in any direction, provided they do not overlap, or go onto the outer number/letter rows.

Use a random method to decide who starts (for example, roll a die and the highest number goes first). Players then take turns to call out a grid reference. The opponent then responds with the word "hit" or "miss", depending on if that reference contains a fruit on their personal board (for example, if you call out "F8" and part of the 'love' fruit on my personal board falls on that space, I respond "hit". If I do not have any fruit on that space I respond "miss".) If the response is "hit", then the calling player marks that spot on their reference board with an 'X', and the responding player marks that spot on their fruit with an 'X'. If the response is "miss" then players mark their boards with an "O" instead of an "X". After marking with an 'X' or 'O', play moves on to the next person.

Play continues in turn until one player has marked all the boxes on all of their fruit with an X. They then call "Galatians 5:22-23", signalling that the other player has won, and the game is over.