



WEEKLY ACTIVITIES

Watch the Veggie Tales: Life Time Supply of Joy. Find it here: <https://youtu.be/jQ1RmPuWEqE>

Make over night: give everyone a make over, even dad and brothers. A pedicure, a manicure, new hairdo's, dress 'em up and make sure to take pictures.

Go for a hike or bike ride. The Haldimand/ Norfolk trails are open again.

Pick a country and make one of their traditional meals.

Don't stop at the musical instrument you made for the weekly craft...get the whole family involved and have everyone make their own musical instruments. Great suggestions and easy directions at these sites:

<https://kinderart.com/art-lessons/music/easy-make-musical-instruments/>
<https://feltmagnet.com/crafts/Music-Instruments-for-Kids-to-Make>

Check out this huge list of free online resources for music lessons, virtual tours of museums, art lessons, story telling, fun and games, and educational activities:

<https://www.common sense media.org/blog/free-online-events-activities-kids-at-home-coronavirus>

Make your own Fart Maker: directions can be found at:

<https://allfortheboys.com/fart-noises/>

FRUIT OF THE SPIRIT-JOY

Rattle Drum

Materials:

2 paper plates

1 straw

2 beads

9 inches of yarn

You will need: tape and stapler and markers or your preference of media (stickers, paint, decorative tape)



Directions:

Decorate the outside of both plates with markers.

Tie a bead to each end of the yarn and cut off the extra yarn at the ends once the beads are securely tied in a knot.

Tape the straw to the middle of the inside of one of the plates. Make sure it is well secured.

Fold the yarn in half to find the middle point of the yarn. Position the half way point of the yarn over the straw in the middle of the plate and tape the yarn securely to the plate.

Position the second plate over the first making sure the beaded yarn on both sides is pulled out.

Staple the two plates together over top of where the yarn exits the plates. Do the same for the other side. Staple the top of the plates together. Staple the plates together on either side of the straw on the bottom.

Make a joyful noise unto the Lord!

Candy Balloon Relay:

Make 2 teams if possible. Each player gets a blown up balloon with a chewy candy stuffed into it (put the candy in the balloon before you blow it up and tie it). Each player runs to a designated spot, pops the balloon, eats the candy and runs back and tags the next player on their team who repeats the sequence. First team done: WINS

CONVERSATION STARTERS

What are 3 things you want to do this summer?

If you made a cave in the woods, what would be inside it?

What brings you joy? What makes you want to jump up and down shout for joy?

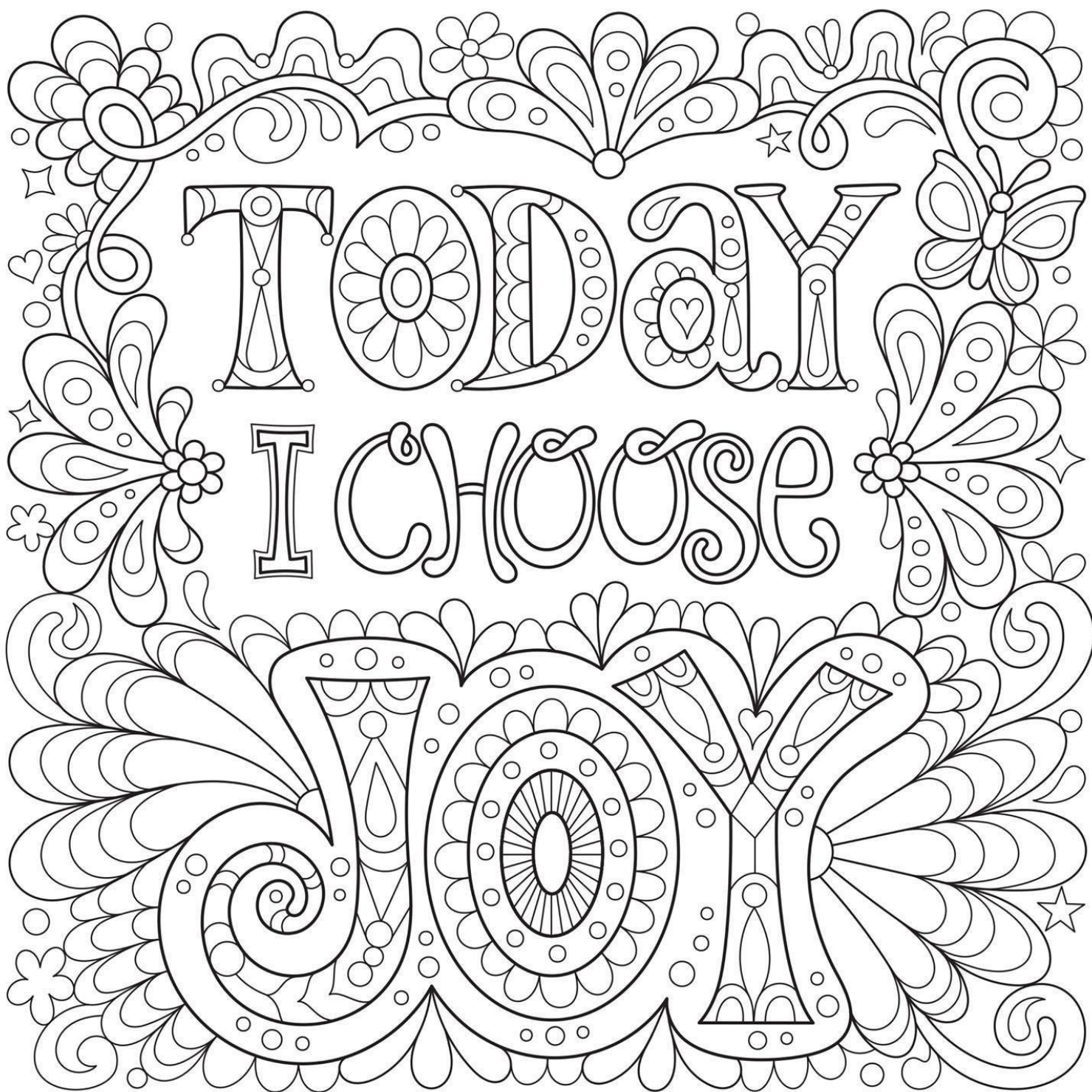
Joy comes from knowing God, enjoying what God has done for you and believing that He constantly cares for you. How can you share joy with others? Can you have joy during hard times?

What's your favorite way to celebrate?

What has been most enjoyable part of being home with your family?

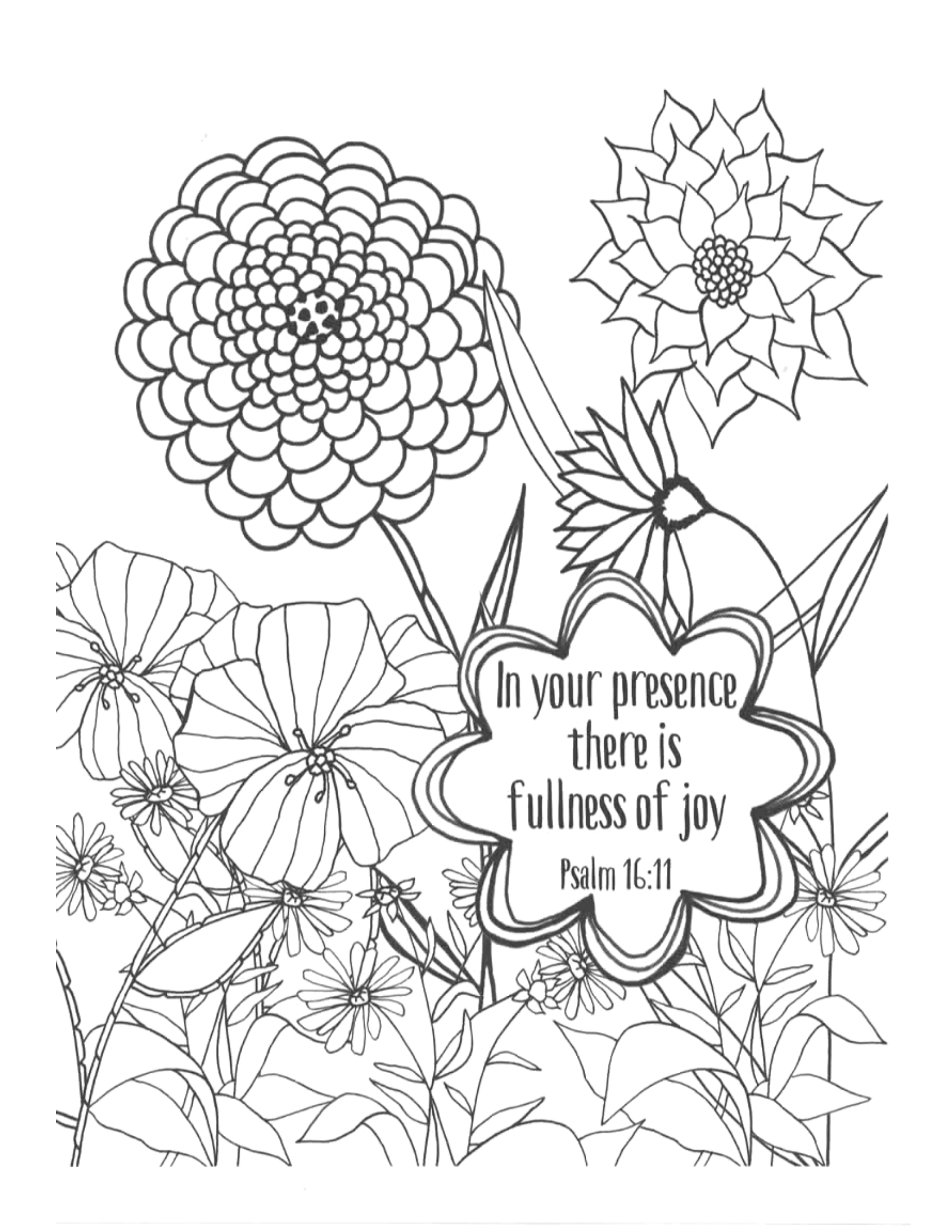
What 2 words would you use to describe your day today?

How do you best like helping people?





GALATIANS 5:22-23



In your presence
there is
fullness of joy

Psalm 16:11

