

**Conversation
Starters**



Goodness

Goodness

What do you think goodness is?

Is there a difference between kindness and goodness?

What is the opposite of goodness?

How do your actions show goodness?

How has God shown goodness to you?

If someone tells you that someone is good, what do you think that person is like?

If someone said "I don't believe in God" how would you answer?

How did you help someone today and how did someone help you?

How can you show love to someone without using words?

Weekly Activities

- ⇒ Pick your own fresh fruit: Strawberries, Raspberries, Blueberries. Haldimand- Norfolk has a number of Orchards you can pick from.
- ⇒ The Dollar store has cheap kites. Find an open field or large park area with no overhead wires and GO FLY A KITE.
- ⇒ Secret Service Day: see details on attached handout
- ⇒ Outdoor games for kids: see attached game list and instructions
- ⇒ Clean up your Neighbourhood day: Take what you learned about goodness and put it into action with the family. Clean up the litter in your neighbourhood, park or trail.
- ⇒ Make your own ice cream in 5 minutes: see attached recipe.
- ⇒ Check out Dwelling Place Church—Silverdale on YouTube for their weekly Kids devotional video.
- ⇒ Craft kits are available at the church.

MAKE YOUR OWN ICE CREAM IN 5 MINUTES

You will need:

1 tbsp sugar

$\frac{1}{2}$ cup of milk, cream or half and half (heavier cream will make richer ice cream)

$\frac{1}{4}$ tsp vanilla extract or your favorite flavored extract

6 tbsp salt (larger salt crystals work best)

1 gallon sized Ziploc bag

1 pint sized Ziploc bag

Enough ice to fill the gallon sized Ziploc bag half way.

Ordinary table salt will work, but salt that has larger crystals, such as kosher salt or rock salt, will work much better. Mix the salt around in the ice and set aside.

Make sure the pint bag gets buried in the ice. Seal the gallon bag. Shake the bags vigorously for five minutes. You might want to use a towel to hold them, since they will be very cold and slippery from condensation.

This method will make a small amount of ice cream, about enough for two people to enjoy. Experimenting with other methods can allow you to make more. One version uses two coffee cans of differing sizes instead of plastic bags.

Flavor combinations are almost limitless. Chocolate syrup is a basic option, while various flavor extracts available in your grocery store's baking section can lead to more exotic variations. Try combining mint extract with chocolate, or adding small chocolate chips.

Water Activities for Kids

1. **Sponge Freeze Tag** – To play this game you'll need a bucket of water & 1 sponge for every 15-20 kids. Place a large bucket of water in the middle of the playing area. Designate one child to be 'IT' and one child to be the 'Unfreezer.' At your signal, kids will start running around the playing area being chased by 'IT.' When tagged, they have to freeze and in order to rejoin the game, the 'unfreezer' has to run over and squeeze a sponge full of water on their head.
2. **Wet Head** – To play this game you need one cup and one sponge for every 4-6 kids. This game is best played in teams of 4-6 and you need at least 3 teams for the game to work. If you have less than 12 kids, divide into smaller teams to ensure you have at least 3 teams. To play, have one member of each team stand at one end of the playing area holding a cup on their head. The remaining team members should stand in rows facing their team member about 3 meters (10 feet) away. A bucket of water with one sponge per team should be placed between the teams and the players with cups on their heads. Teams will take turns sending a player to fill a sponge with water and squeeze it into the cup of one of the opposing teams. The last team whose cup hasn't overflowed is the winning team.
3. **I'll Take a Cup** – To play this game you need teams of 4-6 kids each. For each team you need a large bucket of water (or one shared between 2 teams), an empty small bucket and a cup with 3-4 small holes poked in it. Teams line up in rows with the full buckets of water at one end of the row and the empty bucket at the other end. The child at the end with the full bucket will fill the cup with water and pass the cup down the row (child to child) until the one by the empty bucket gets it and pours it into the bucket. That child should then run to the end of the row, fill the cup and start over. The first team to fill their bucket is the winning team.
4. **I've Got Your Back** – You can play this game either as teams or not. If you play with teams, you need one water balloon (or beach ball) per team + a few extra in case some pop. To set up the game, place cones or chairs in rows in the playing area – one row of 4-5 cones/chairs per team. To play, have teams line up behind their row of cones or chairs. The first 2 players will hold a water balloon or beach ball between them while standing back to back with their arms linked. The players holding the balloon/ ball will race around the cones and back to their team without dropping the balloon/ball. If they do drop it they have to run to the beginning and start over. Once back at the team they give the balloon/ball to the next 2 players who do the same thing. Play continues until all players have finished. (If you play without teams, you'll need one water balloon or beach ball for every 2 players and they'll either all race at the same time, or run individually in pairs and be timed.)
5. **Get in Gear** – For this game you'll need one set of swim gear – mask, flippers, towel, inflatable ring, etc. per team, with at least 2 teams. To play, teams should line up at one end of the playing area and piles of swim gear should be placed opposite the teams at the other end of the playing area. One player from each team races to the gear, gets dressed, races back to their team and takes off the gear. The next player puts on the gear, races back to the other end and takes it off. Etc.

6. **Shoot Off** – – For this game you need a can of shaving cream and one strong water-gun & 1 pair of goggles/ swim mask per team. One team member from each team comes to the front of the playing area and puts on the goggles. Then, using the shaving cream, draw a design on their shirt (a heart, a smiley face, etc.). The rest of the team take turns spraying their team representative with water-guns until all of the shaving cream is washed off.
7. **Drip, Drip, Splash** – – To play this game you need a bucket of water and a sponge. All of the kids should sit in a circle with a bucket of water in the middle. One child is chosen to be 'IT' and then fill a sponge with water from the bucket. Then, "*duck, duck goose style*" IT should walk around the circle dripping water on players heads. On one player instead of just letting the sponge drip, they should squeeze out all the water and yell "splash." That player should get up and race IT around the circle back to their spot. They then get to be IT next.
8. **Target Practice** – – To play this game, you need something to draw large circles on the ground (sidewalk chalk in a parking lot works well for this). You also need sponges and buckets of water. Before play, draw concentric circles and write scores in the circles ranging from 20 points to 200 points. To play, kids will take turns throwing sponges into the circles trying to get the most points. The first player to 500 wins. This game could also be played in teams.
9. **Whatever Floats Your Boat** – – For this game you need 1 spray bottle, one ping pong ball and 1 plastic cup for every 2 players. If you have lots of kids, this could be adapted to a team game.
To play, one player holds a cup by their chest with a ping pong ball in the cup. Their partner will use the spray bottle to spray water at their partner trying to fill the cup and make the ping pong ball float and come out of the top of the cup.
10. **Over/ Under Relay** – To play this game, you need buckets of water and one sponge & one plastic cup per team. To play, one player from each team stands at one end of the playing area holding a cup. The remaining team members pass a wet sponge over & under (1st player passed over their head, next player passed between their legs) until it gets to the end of the line. That player runs to squeeze the water into the cup and then runs to the back of the line to start the relay over. Play continues until a cup is completely full.





Cut out the ideas below (or fill in the empty spaces with your own) and paste them onto your "mission: possible" letter.

Make YOUR SIBLING'S bed	WaSH the dISHes	cLEan UP a MeSS	Make a card FOR Someone
deLIVER a treat to Someone	SWEEP the FLOOR	read a book to a YOUNGER SIBLING	VacUUM a ROOM
Set the table FOR dinner	Make breakFasT FOR YOUR Parents	PUT aWay the cLEan dISHes	put aWay LaUNdry
Pick UP Garbage OUTSide	WaSH MIRRORS OR WINDOWS	arrange all the SHoes	WaSH the car
take OUT the traSH	Pick UP all the toYS	Water the Garden	draw a PIcture FOR Someone



MISSION : POSSIBLE

Your mission is to serve others without being asked and without their knowledge. Select your acts of service from the options contained in this envelope and paste them below. When each mission is completed, leave behind a calling card.



top secret
service
mission
assignment
for:

special agent