

# GRIEF SHARE SEMINAR

## *SUPPORT GROUP SCHEDULE*

### *Spring 2020*

All sessions start at 10:00 am

Sessions end at 12:00 p.m. with the exception of  
April 11th and May 23rd which end at 1:00 pm

Sat, March 28, 2020	Session 1: Is This Normal?
Sat, April 4, 2020	Session 2: Challenges of Grief
Sat, April 11, 2020	Sessions 3 & 4: The Journey of Grief Pt. 1&2
Sat. April 18, 2020	Session 5: Grief & Your Relationships
Sat, April 25, 2020	Session 6: Why?
Sat, May 2, 2020	Session 7: Guilt & Anger
Sat, May 9, 2020	Session 8: Complicating Factors
Sat, May 16, 2020	Session 9: Stuck
Sat, May 23, 2020	Sessions 10 & 11: Lessons of Grief Pt. 1&2
Sat, May 30, 2020	Session 12: Heaven
Sat, June 6, 2020	Session 13: What Do I Live For Now?

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